



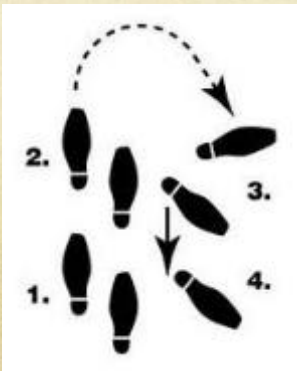
# Mini Courses

Thursday, November 17<sup>th</sup> & Friday, November 18<sup>th</sup>

# #1 Dance Dance Dance

FREE

- Mr. Weber and Ms. Callahan
- Offered Thursday & Friday
- Students will learn four forms of social dance. They will learn etiquette, form and social norms. They will learn movement, steps and improved balance.
- ICAP - College in Colorado Interest Profiler matches 'Social.'



## #2 Shabby Chic Christmas



- Mrs. Balk/Ms. Nicholson
- Offered Thursday & Friday
- \$15 for crafting materials
- Students will be creating Christmas DIY and crafting projects (ornaments, gifts, cards, etc.).
- ICAP - College in Colorado Interest Profiler matches 'Artistic.'

"Fire beats roses  
again."

# FREE #3 The Hunger Games

- Mrs. Telljohn/Mrs. Scruggs
- Offered Thursday & Friday
- This one-day course (offered both November 17th and 18th) is for students who love "The Hunger Games" books and movies! We will discuss excerpts from all three books, view portions of each of the first two movies and watch "Mockingjay: Part 1", discuss similarities and differences between the books and movies, as well as ideas that inspired Suzanne Collins in her creation of this series, play Panem-to-Panem (think Apples to Apples), and create some Panem-inspired craft items.
- ICAP - College in Colorado Interest Profiler matches – Social, Artistic, and Conventional



FREE

## #4 Adventure on the Titanic



- Ms. Elmore
- Offered Thursday and Friday
- Free
- Students will discover the Titanic and the mysteries surrounding her through interactive activities, video clips, and online simulation. We will follow James Cameron's underwater expedition to explore the famous shipwreck and unravel what life was like on the luxurious ship. We will touch on the sister ships who also met with tragic fates.
- ICAP - College in Colorado Interest Profiler matches 'Investigative.'

# #5 Leisure Games

**FREE**

- Mrs. Cates
- Offered both Thursday & Friday
- Students will be playing a variety of games both common (ping pong, , badminton, etc.) and uncommon (nok hockey, corn hole, air hockey etc.). Students will be introduced to different rules for each game and different strategies needed in order to be successful. Students will also work on sportsmanship.
- ICAP - College in Colorado Interest Profiler matches 'Social.'



# #6 Bowling Strategies

- Mrs. Hall, Mr. Power
- Offered both Thursday & Friday
- \$16
- The Summit
- Students will read about the history of the game and how it is played. They will learn how to score and learn important skills required for successful play. Students will explore current events in the sport and complete corresponding activities. Followed by bowling and using the strategies learned, transferring these strategies to laser tag and arcade games.
- ICAP - College in Colorado Interest Profiler matches

Realistic and Investigative.



# # 7 National Museum of WWII Aviation

- Mr. Baker and Mr. Little
- Offered Thursday and Friday
- \$15
- Participants will engage in modules designed to pre-teach about WWII aviation, then visit the National Museum of World War II Aviation. At the museum, participants will receive a guided tour and engage in an opportunity to build airplanes using provided parts. Participants will then return to FMS for lunch followed by a movie related directly to the topic of aviation.
- ICAP - College in Colorado Interest Profiler matches Realistic, Conventional, and Investigative.





# #8 American Genius

- Ms. Grabow
- Offered Thursday and Friday
- Free
- Students will watch parts of the "American Genius" documentary series on science and technology rivalries throughout American history. Some of them include: electricity, airplanes, television, space travel, and the personal computer. Students will learn and discuss characteristics of an effective, successful inventor.



Students will also come up with a plan for a new invention that will revolutionize the American way of living, or an invention that will solve a problem society faces in the world today.

- ICAP - College in Colorado Interest Profiler matches Realistic, Enterprising, and Investigative.

# #9 Creative Wood Craft Designs

FREE

- Mrs. Ninemire
- Offered Thursday and Friday
- Free
- Students will design and create their own unique painted wood sign. They will follow the steps of sanding, assembling, painting, gluing and finishing their project. The signs can be created with their favorite sport, inspirational quotes, names, shapes, holiday décor or anything their mind can dream up.
- **ICAP - College in Colorado Interest Profiler matches Realistic and Artistic.**



# #10 Space Foundation

- Ms. Scharp
- Offered Thursday and Friday
- \$28
- Minecraft with the Exoplanet Art project and the Mars Robotics Lab and Plate tectonics.
- ICAP - College in Colorado Interest Profiler matches 'Investigative.'



FREE

# #11 Introduction to Screenplay Writing

- Ms. Bashor
- Offered Thursday and Friday
- Free
- In this course, students will start with the fundamentals of stories and what kinds of stories work time after time. Then, students will learn how to write their own screenplay. This will involve learning how to develop an idea into a story, and finally how to structure it into a screenplay. Students will have the opportunity to read a sample screenplay and watch a full length feature film, so they can see how a screenplay becomes a film.
- ICAP - College in Colorado Interest Profiler matches 'Artistic.'



# #12 Castles, Tea, and Ghosts

- Mrs. Champlin and Mrs. Kamla
- Offered Thursday and Friday
- \$34
- Join us for a day of castles, tea, history, and ghost hunting. The morning will consist of learning about Victorian Tea at FMS, watching the ghost hunters television show in which ghost hunters investigate Briarhurst Manor "hauntings." We will make our way to Mirarmont Castle where we will tour the castle and see historical artifacts. At lunch time, we will participate in an etiquette lesson and have tea which will include hot tea, finger sandwiches, chocolate covered strawberries, and dessert. After eating, we will head over to the Briarhurst Manor where we will tour the manor and use a ghost hunting phone app to detect "ghosts."
- **ICAP - College in Colorado Interest Profiler matches Social, Artistic, and Investigative.**



# #13 Air Force Drill Training

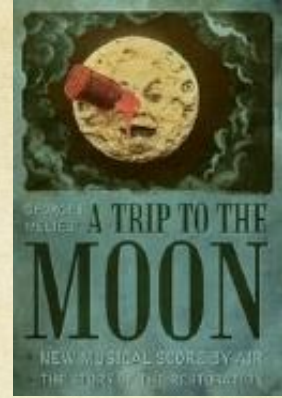
**FREE**



- Sgt. Hartley from FHS
- Offered Thursday & Friday
- Do you want to be in the Military one day? Are you interested in the JROTC Program at Falcon High School? Students in this course will participate in a Basic Drill Class. This will include stationary drill, marching drill and of course armed drill (with our Air Force practice rifles). There will be 4 senior AFJROTC cadets from Falcon High School here each day to assist as students learn some of the basics with being in a military program.
- College in Colorado Interest Profiler matches Realistic, Social and Conventional.

**FREE**

# #14 The Science of Sci-Fi



- Mr. Scheck
- Offered Thursday and Friday
- We will investigate the impacts the world of science fiction has had on technological advancements. Science fiction has a rich history of influencing the world of science fact. From the 1902 film "A Trip To The Moon" which inspired a generation of scientists to reach for the moon to the introduction of cell phones, touch screen displays, and medical scanning technologies first seen in shows like "Star Trek". We will watch a sampling of these shows and movies and discuss the contributions they have made to our modern world.
- ICAP - College in Colorado Interest Profiler matches Artistic, Conventional, an Investigative.



# #15 Strategy Games



**FREE**

- Mr. Buchanan/Mr. Sides
- Offered Thursday & Friday
- Students will be able to engage in strategy/entertainment games to include Pokemon, Magic: the Gathering, Yu-Gi-Oh!, and any other card games/board games. Handheld video games are allowed. Board games such as Monopoly, Stratego, Chess, Checkers, Connect 4, Risk, etc... are available. No console-based or PC games will be available due to lack of Wi-Fi availability.
- ICAP - College in Colorado Interest Profiler matches Social and Investigative.





# #16 Overdrive Raceway

- Mr. Simpson & Ms. Talbot
- Offered Thursday & Friday
- \$40
- We will spend a couple hours in the morning talking about the science behind go karts and then we will go race them.
- **ICAP - College in Colorado Interest Profiler matches Realistic and Investigative.**



# #17 S.W.A.T. Training

- Deputy Murphy, Deputy Nordeman, and Mrs. Hancock
- Offered Thursday & Friday
- \$35 approximate cost.
- Members of the El Paso County Sheriff's office SWAT team will be sharing information about police officer and military careers. Strategic and tactical maneuvers will be taught at Battlefield Colorado while playing Black Ops Laser Tag.
- ICAP - College in Colorado Interest Profiler matches Realistic, Social, and Conventional.



# #18 Pottery



- Mrs. Taylor-Simpson and Mrs. Valerio
- Offered Thursday & Friday
- \$20
- Students get to make ceramic pots, mugs, and other crafts made of clay with an expert Potter.
- **ICAP - College in Colorado Interest Profiler matches Artistic and Social.**

# #19 Bucket Drumming



- Mrs. Prewett
- Offered Thursday & Friday
- \$10
  
- Students will have the opportunity to experience ‘Recycled’ Percussion. Students will use drum sticks, snare sticks, and buckets to make a unique, loud, and fun sound.
  
- ICAP - College in Colorado Interest Profiler matches Realistic, Social, and Conventional.

**FREE**

# #20 Team Sports

- Mr. Sims and Mr. Kizewski
- Thursday & Friday
- Students will play different team sports—3-on-3 basketball, badminton, ultimate Frisbee, and football.
- **ICAP - College in Colorado Interest Profiler matches Social**

# #21 Adventures Out West

## Ziplining

- Mrs. Brewer & Ms. Holdman
- Thursday Only
- \$45
- Students will zipline on 5 different lines. This is a natural terrain Zipline course utilizing cliffs and steep wooded forest for launch and landing zones (No artificial platforms).
- **ICAP - College in Colorado Interest Profiler matches Social and Enterprising.**



# #22 Physics of Artistic Roller Skating

## Skating



- Ms. Browne and Ms. Clay
- Thursday Only
- \$10
- Students will learn how science, math, and the arts blend together in artistic roller-skating. They will study the physics behind jumps and spins and how the skater uses music, dance, and precision to create art. Students will participate in an interactive lab on projectile motion.  
Topics: Angular Momentum, Center of Mass, Projectile Motion
- ICAP - College in Colorado Interest Profiler matches Realistic, Artistic, and Investigative.



# #23 Bob Ross Day



- Ms. Parson
- Thursday Only
- \$7.00
- Students will get to paint a wooded forest on canvas, design a poster with an inspirational Bob Ross quote, watch an original Bob Ross episode, and watch sections of The Happy Painter documentary, all while wearing cheesy blonde afro wigs (optional).
- **ICAP - College in Colorado Interest Profiler matches Artistic and Investigative.**



# #24 Indoor Skydiving

○ Mr. Young and Mrs. Young

○ Thursday Only

○ \$50

○ iFLY is an experiential entertainment company that created modern indoor skydiving...they make the dream of flight a reality by giving their customers “wings” in a safe and reliable environment. Basic physics concepts will be investigated while each student that participates in this course will receive professional, personalized flight and safety instruction followed by individualized flight time in a vertical wind tunnel...so cool!

○ ICAP - College in Colorado Interest Profiler matches Enterprising and Investigative.



# #25 Colorado History Center

○ Mr. Webb and Mr. Dobbins

○ Thursday Only

○ \$20



○ Traveling to the Colorado History Center in Denver and participating in hands on activities relating to the history of Colorado.

○ **ICAP - College in Colorado Interest Profiler matches Realistic and Conventional.**

**FREE**

# #26 Professional Cosplay



- Mr. Condas
- Thursday Only
- Free
- Students will engage in lessons with professional artist Captain K on the theatrical art of "cosplay." This will include discussions on how to create unique and/or difficult features of a character's costume, how to design a costume on a small budget, and exercises on building, developing, and maintaining a character for the extended length of time that's demanded of a cosplay artist.
- ICAP - College in Colorado Interest Profiler matches Artistic.

# #27 Broadcasting

- Mrs. Ramirez & Mrs. Brady

- Thursday Only

- \$6.00

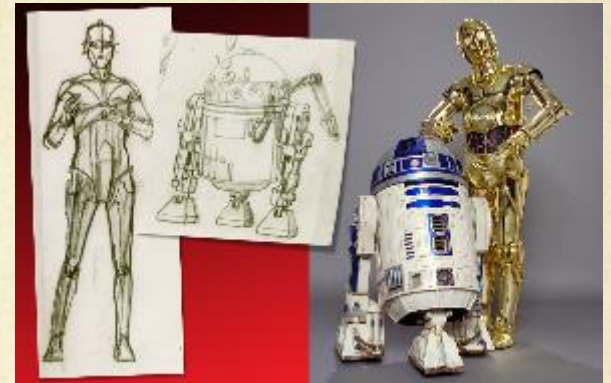
- Tour the radio stations and news station. See the work that is done behind the microphone/ camera to entertain and inform you.

- ICAP - College in Colorado Interest Profiler matches Social and Investigative.



# #28 Star Wars and the Power of the Costume

- Mrs. McDonald & Mrs. McNeil
- Thursday Only
- \$10
- Take a unique journey into the Star Wars™ universe as characters are brought to life through a dramatic presentation of more than 60 original costumes at the Denver Art Museum. Star Wars™ and the Power of Costume will closely examine the captivating process of costume design for iconic outfits featured in all seven films of the Star Wars™ series.
- ICAP - College in Colorado Interest Profiler matches Artistic.



# #29 Cave of the Winds Discovery Tour

- Mrs. Copeland & Mrs. Murphy
- Thursday Only
- \$11 plus lunch
- Geology 101: Underground Adventures Tour



Specially designed to challenge middle school students, this field experience features an extended cave tour and a geology lab. Students will learn about Colorado Geology in our cave classroom before investigating cave formations during a tour of Cave of the Winds. Students will need to bring a flashlight for the highlight of the program in the Manitou Grand Caverns, the location of some of the most active passages of the cave. Expect clothing to get slightly dirty.

- **ICAP - College in Colorado Interest Profiler matches Realistic and Investigative.**

# #30 Wilderness Preparation & Survival

FREE

○ Mr. Petrie

○ Thursday only

○ Students will learn:

➤ What to do BEFORE you leave home

➤ What to take with you

➤ What to leave at home

➤ Survival Priorities

➤ STOP

➤ Rules of 3

➤ Survival Stories



○ ICAP - College in Colorado Interest Profiler matches Realistic, Social, and Conventional.

# #31 Mummies: New Secrets from the Tomb - Denver Museum of Nature and Science

- Mrs. Copeland and Mrs. Murphy
- Friday Only
- \$17
- Students will participate in a lab where they will examine techniques scientists use to study mummies, as well as participate in a heart dissection. After the lab, students will tour the mummy exhibit featuring collections from Egypt and Peru.
- **ICAP - College in Colorado Interest Profiler matches Investigative.**





# #32 Birding Basics

- Ms. Browne
- Friday Only
- \$15
- Students will discover the diverse habitat needs of birds, experience some of the challenges birds face during migration and nesting. They will learn how to identify some birds and their calls.  
Each student will construct a bird house to take home.
- **ICAP - College in Colorado Interest Profiler matches Realistic and Investigative.**



# #33 City Rock – Rock Climbing

- Mrs. Brewer & Ms. Holdman
- Friday Only
- \$21 plus optional shoe rental
- Students will be learning how to climb and practice climbing techniques at City Rock with City Rock employees
- ICAP - College in Colorado Interest Profiler matches Social and Enterprising.



**CityROCK**

# #34 Spin Fishing and Lure Building



- Mr. Petrie
- Offered Friday
- \$12
- Build and customize spinning lures and Learn the basics of spin fishing - equipment, knots, safety, regulations, fish species, fly vs spin fishing, where to fish in Colorado.
- College in Colorado Interest Profiler matches Realistic.

# #35 Cave of the Winds Lantern Tour

- Mrs. McDonald and Mrs. McNeil
- Friday Only
- \$12
- Geology 101: Underground Adventures Tour



Specially designed to challenge middle school students, this field experience features an extended cave tour and a geology lab. Students will learn about Colorado Geology in our cave classroom before investigating cave formations during a tour of Cave of the Winds. Students will need to bring a flashlight for the highlight of the program in the Manitou Grand Caverns, the location of some of the most active passages of the cave. Expect clothing to get slightly dirty.

- **ICAP - College in Colorado Interest Profiler matches Investigative.**

# #36 Disney Art Day

- Ms. Parson
- Friday Only
- \$7



- Students will make 3 Disney themed art projects including a personalized collaged 3D letter, a screen printed shirt, and an inspirational Walt Disney quote poster painting. Classic Disney movies and documentaries will play in the background throughout the day.
- **ICAP - College in Colorado Interest Profiler matches Artistic.**

FREE

# #37 Intensive Acting Class

- Mrs. Ramirez and Mr. Condas
- Friday only
- Free
- Students will learn the tricks of the acting trade in this intensive acting class led by actors and directors from the Colorado Springs theater community. Learn how to wow a director by building a character that has depth and a life-like personality. You will also learn how to take a stage slap and fall down without getting hurt through the basics of fight choreography taught by certified trainers.
- **ICAP - College in Colorado Interest Profiler matches Artistic.**



# #38 Namaste

- Mrs. Young & Mr. Young
- Friday only
- \$25 plus lunch
- Students will have the opportunity to learn yoga poses taught by Mrs. Young, a certified yoga instructor as well as experience a private yoga class instructed at a local studio. After participating the yoga class, students will go to Chapel Hills Mall for lunch at the food court.
- **ICAP - College in Colorado Interest Profiler matches Realistic.**



# #39 Mile High Stadium Tour

- Mr. Dobbins and Mr. Webb
- Friday Only
- \$20
- The tour is a 75-90 minute professionally guided - 1/2 mile walking tour including stops at Colorado Sports Hall of Fame Museum - Executive Suite - United Club Level - Visiting Team Locker Room - Thunder's Stall - End Zone - Television Truck Production Area - Press Center
- **ICAP - College in Colorado Interest Profiler matches Realistic.**





# #40 Holiday Ornaments

- Ms. Clay
- Friday Only
- \$18
- Start your holiday early! Students will be making, painting, and decorating holiday ornaments. We will listen to holiday music and watch holiday cartoons while crafting.
- **ICAP - College in Colorado Interest Profiler matches Realistic, Social, and Artistic.**



# #41 Military Care Packages

**FREE**

- Mrs. Brady
- Friday Only
- Free

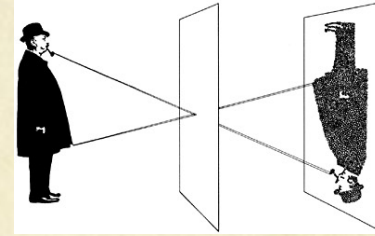


- We will work together to create crafts and care packages for our deployed military. Our DIY crafts will be a wonderful way to show our appreciation for the sacrifices made by military families!
- **ICAP - College in Colorado Interest Profiler matches Realistic, Social, and Artistic.**

# #42 Pinhole Photography:

## Cameras before they were Digital...

- Mr. Arthur and Mr. Owen
- Thursday and Friday (Two day course)
- \$6



- Day one  
We will discover the history of the camera and how it is able to use light to capture an image. We will then explore the technology of the 19th century's invention of the Pinhole camera, by answering questions like: How does light enter the camera and on to the light sensitive photo paper? What happens to photo paper when it is exposed to light? How much light is enough? What do we need to know to build our own pinhole camera? And, to explore deeper into this technology, we will finish the day by building our own pinhole cameras.
- Day two:  
We will explore the Darkroom. Light sensitive paper cannot be exposed to white light until it is no longer sensitive to light. Discover how four chemicals in the darkroom can change the fragile image in the pinhole camera to a light safe image. Each student will create three photographs from their pinhole camera. Each photo will get you closer to the right procedure for a well-developed print. The final photo will be photographed twice, once with your pinhole and once with a digital camera. Compare the 19th century technology with the 21st century.
- ICAP - College in Colorado Interest Profiler matches Realistic, Artistic, and Investigative.

# #43 Harry Potter Adventure

FREE

- Mrs. Sundberg & Mrs. Emery
- Two day course
- Free
- Students will participate in a fun two-days of comparing the Harry Potter novels to the films through activities, crafts, compare/contrast, and watching parts of several of the movies.
- ICAP - College in Colorado Interest Profiler matches Artistic.



"Dark times lie ahead of us, and there will be a time when we must choose between what is easy and what is right."

-Albus Dumbledore

FREE

# #44 The Cat's Meow!

- Mrs. Damron and Mrs. Arnot
- Two day course Thursday and Friday
- Free



Get ready to curl up like a cat and have some fun making cat crafts, writing about cats, reading about cats, playing cat bingo, and other cat “games”, and watching a cat movie! Some possible crafts we will make are: a placemat (for you or your favorite kitty’s dishes), origami, t-shirt bag (bring an old t-shirt to use for this craft), plastic cup, cat journal, cat coozie, pillow case, and coloring pictures. We will read cat poems and create our own! We will write and share cat stories based on “mystery pictures”! On day 1, after sharing about our favorite cat, we will watch a cat movie while we start on some crafts. On day 2, we will finish any crafts and curl up with a good cat book – so wear comfy clothes and bring a pillow and/or blanket. This will be the purrrr-fect way to spend the last 2 days before Thanksgiving break!

ICAP - College in Colorado Interest Profiler matches Social, Artistic, and Investigative.

# #45 Hip-Hop Dance Crew

**FREE**

- Mrs. Ricks
- Two Day Course, Thursday and Friday
- Come learn new hip-hop dance moves. Work together to perform a choreographed dance hit. Perform the dance in front of an audience.
- ICAP - College in Colorado Interest Profiler matches Artistic and Social.

FREE

# #46 Paranormal 101

- Ms. O'Rourke and Mrs. Martin
- Two day course
- This 2 day course will discuss paranormal and parapsychology. Students will have an opportunity to be involved in a mini paranormal investigation at school on Thursday night from 5pm to 7:15pm.
- College in Colorado Interest Profiler match - Investigative

